



PTSC TELEGRAM 26

**NEWS FROM PTSC and COC and TACC**

This telegram comes from Sabine Klingenberg PTSC Chair. If you need contact her about PTSC matters her e-mail is: [Sabine.Klingenberg@abakushad.de](mailto:Sabine.Klingenberg@abakushad.de). Members of PTSC are Jenny Bridge (UK), Carla de Nitto (I), Jacqueline Dossenbach (CH), Marco Mazzetti, Chair of COC (I), Nicole Pierre (F), Roos Ikelaar (NL)

PTSC is bringing news and feedback for training and certification after the PTSC and COC meetings in Ljubljana and the TACC meeting in Johannesburg, held in summer '08 and PTSC and COC meeting held in Konstanz March 2009.

Dear Colleagues,

First of all I apologise not to have sent the telegram out earlier. There are several reasons. But you did not miss any changes or news relevant for the time.

All changes are also published in the EATA Newsletter: **News from PTSC**

**Handbook**

We are happy to announce that the **Training Manual** (the 'Handbook') has been given a thorough 'makeover' and is ready to download in a clearer, user-friendly format.

The task force, Charlotte Sills, Dave Spenceley, Supervising Examiner and Marco Mazzetti, Chair of COC, has been carefully through it - correcting or editing for clarity, eliminating any contradictions (thank you to those of you who have let us know about them), and incorporating any new material or changes to wording or requirements that have been agreed by PTSC and TACC in the last few years (don't worry -there are very few actual changes: only things that you know about and have been published in the PTSC Telegram and the Up-Date! )

Dave has also organised it on the website, not only in sections, but so that all the forms are accessible separately and easily identifiable. This means that you can go on line and choose whether you download the whole handbook, one or two sections or just one form. Please ensure that you use this revised version of the handbook and if you are a trainer please ensure that all trainees are made aware of this revised version.

Download your sleek revised handbook on <http://www.eatanews.org/handbook.htm>

Thanks to Dave there is also available an official translator's "red version", please contact Dave Spenceley: [dave@tapsychotherapy.co.uk](mailto:dave@tapsychotherapy.co.uk) for access details of this "red version".

PTSC expresses many thanks to Charlotte Sills, Dave Spenceley and Marco Mazzetti.

The handbook should be updated approximately every 5 years. During this time each decision about changes will be published in the EATA Newsletter "News from PTSC" and in the PTSC telegram.

**Pilot Study:**

- What has been happening: Of the original 8 participants of the 'new route', 4 have dropped out and 2 others are not responding to communications. After a long discussion PTSC decided to stop the process at this point and to rethink the project.

- Nicole Pierre will stay in contact with the participants of the pilot and keep them informed.
- All education which has been done during the period of the pilot counts for the "old way" as well.
- The response to the research about the process of becoming a TSTA, which is created and led by Charlotte Sills and Trudi Newton, is positive. This research is an ongoing process and we are looking forward to the results.
- **As a result out of the ideas in the pilot study PTSC decided to run a Pilot workshop: Training Evaluation Workshop to assess experienced trainers to become a CTA trainer on December 2<sup>nd</sup> to 4<sup>th</sup> 2009 in Budapest. The requirements and the details will be developed by the task force and decided and published after the PTSC meeting in Rome in July 2009. There will be an evaluation process about the pilot workshop too.**
- PTSC will propose in July in the TACC meeting the new status and present the Training Evaluation Workshop concept to get a decision as soon as possible.

PTSC wishes to express many thanks to all people involved, spending such a lot of energy, time, ideas and enthusiasm: the participants and their trainers, the German working group chaired by Ute Hagehülsmann and Werner Vogelauer, Charlotte Sills and Trudi Newton, Pio Scilligo, Resi Tosi, T&CC and Nicole Pierre, who takes care of the process.

## EXAM NEWS

### CTA

- Language Coordinators: We are really happy to announce the new Language Coordinators:
  - German:  
Jacqueline Dossenbach-Schuler and Liselotte Fassbind-Kech:  
examenskoordination@eata.ch
  - Dutch:  
Henk Tigchelaar: tigchelaar@focusconsult.nl

PTSC wants to express best wishes for their work and many thanks to them for taking over this huge amount of work and making sure the candidates are well informed and taking care of.

- All Language coordinators and dates, venues and Exam Coordinators are listed on the website: [www.eatanews.org](http://www.eatanews.org)
- Requirements: 30% of the required professional training hours in TA (30% of 300=90) have to be in the field the candidate wants to be examined

### TSTA

- TSTAs have to sign the following statement on the revised form of the TSTA **contract**: "I am willing to serve as Examiner for T/STA exams...and I commit myself to serve as an examiner 3 times in 3 venues within the period of the current training contract."
- **Principal Supervisors Annual Summary Report**: the Principal Supervisor has to sign under 6.\_\_\_\_ I have served \_\_\_\_ (number of) times as an examiner at \_\_\_\_

examination sites since signing this training contract. (Minimum of 3 times at different exam venues during the period of the current training contract).

- In the "**COC: Application for Examination as a Teaching and / or Supervising Transactional Analyst**" the candidate has to confirm:  
"My TSTA Sponsor has examined at the following venues: (Minimum of 3 times at different venues over the period of the current training contract.)"
- **Important for PTSTAs: There will be no "Extension" for contracts past the end of 2009**
- **TSTA Contract Renewal**  
TSTA contracts must be renewed prior to the first contract expiring. Any lapse in time will require the trainer to repeat the TEW.

## 101

101 outline update:

- PTSC and T&CC have adopted the new revised outline of the TA 101 submitted by the Task Force constituted last year for this purpose. The new TA 101 content is given as an Appendix to this telegram.

PTSC wish to express sincere thanks to the task force for their work on this: Servaas van Beekum (Chair), Charlotte Sills, Claude Steiner, Milli de Micheli, Suriyaprakash C, Richard Erskine, Ian Stewart, Mark Widdowson.

- PTSC will discuss and make a proposal as how the new outline will be used in the TSTA exams for the 101-topics.
- **101:** All new PTSTAs have to submit within 3 years the "Instructor Endorsement form" to EATA
- **101 Instructor:** Just to remind you...:  
"TA101 Instructor" is not a certification but a regulated endorsement between an individual and PTSC/ T&C C/ TSC
  - The TA 101 instructor endorsement is valid for three years; it must be renewed every three years
  - A TA 101 Instructor needs to be in continuous supervision with a PTSTA/TSTA as part of his/her professional development and this becomes part of the endorsement letter.
  - A TA 101 Instructor does not have to repeat the live supervised 101 when signing up a contract as PTSTA within three years.

## TEW

- The pilot about the new format for the TEW, the TPW (Training Preparation Workshop) will be prolonged for 3 years. It will be evaluated. Each year there will be the opportunity to take part in one TEW or in a TPW (format and design published in EATA Newsletter June 2006).
- **Next date for TPW: 6<sup>th</sup> - 8<sup>th</sup> of December 2009 Budapest (Hungary)**
- Matthias Sell (sell.matthias@inita.de), created the new format and has done a brilliant job. PTSC decided to run a research during the next years to evaluate the process.
- **Changes** in the handbook part TEW:
- 10.12. **new** and additional point for the TPO Professional factors:

Describe your ideas about evaluation processes and about guiding your candidates through to the exam. Give examples of your good examination experience and describe what you would change in the exam process and what you could do to prepare yourself for being a good examiner.

10.8. /10.11 TEW Programme: **new:** Self-Evaluation as a new point

10.8. ... TEW staff give presentations ... **new:** "exam standards",...

10.11.2. **new:** Four copies of a handout relating to the content of the ten minute presentation which is given to the audience as a didactic support.

**Deleted:** The last point in TPO: How would you revise...

- "all PTSTA's have to bring their TEW evaluation to the exam"
- Each candidate for TEW/TPW sends, 2 months before the date of the TEW, the following papers: 2 endorsements by TSTA's and a copy of their CTA certificate.
- Each candidate has to bring a signed TPO and a letter of recommendation of the TPO by a TSTA

### **Handbook:**

PTSC and COC agreed to the job descriptions for

- Supervising Examiner
- Local Exam Supervisor
- Language Coordinators
- EATA Exam Observers

All job descriptions are listed on the website: [www.eatanews.org](http://www.eatanews.org)

### **Examiner Training**

The first time we had a day-long examiners training in Turin in December 2008. There were more than 50 examiners. They underlined the examiners training is both useful and necessary. COC will provide examiners training at different venues.

### **TACC:**

I will start with a brief review of the TACC meeting in Johannesburg in August 2008. One of the most important points was the decision of T&CC to revise the ITAA handbook and just incorporate the changes we had made during the last years. There will be some differences and these will be noted separately so that candidates and trainers can find them easily.

TACC agreed to maintain anonymity of the candidate in the written CTA exam.

Another question is about the tasks, goals, ideas about the cooperation in TACC, about discussion and negotiation processes. So we decided to run a whole day meeting in Rome to have time to discuss vision, mission, strategies and targets together. I am really looking forward to having representatives of all relevant parties in this meeting and I would really like to thank them.

PTSC and T&CC agreed to invite each other! as observers in their meetings and exchange information and minutes to keep each other informed.

TACC will meet next year in Italy at the site of the EATA Trainers meeting, on 30th June, 2009

We reiterate that decisions about training and certification are made by PTSC and that the role of TACC is to be a forum in which the various training bodies monitor and maintain

consistency on items of mutual recognition. TACC is a forum to present issues and there will sometimes be differences.

*Please note that all changes made by the PTSC/TACC come into immediate effect. However candidates have the choice to follow the old guidelines for up to one year from now. These details will also appear in the EATA Newsletter in the earliest possible edition.*

### **Trainers Meetings**

The International Trainers Meetings will be organised by PTSC and the EATA Executive: Two days residential (combined with exams on 2<sup>nd</sup> and 3<sup>rd</sup> of July) 1<sup>st</sup> - 2<sup>nd</sup> of July 2009 Rome (Italy). The program and all relevant information are available on [www.eatanews.org](http://www.eatanews.org)  
> International Trainers Meeting

We really appreciate having successfully invited Judy Ryde and Peter Hawkins to come to the meeting presenting Keynotes and workshops.

I wish to express many thanks to the organisation team in Italy chaired by Massimo Gubinelli and the Italian Associations related to, and all trainers willing to support the workshops, Grace Slottje, as a coordinator for the translation work and Jacqueline Dossenbach and Roos Ikelaar, members of PTSC.

And I would like to say "thank you" to all members of PTSC and COC, the TEW coordinator Matthias Sell and the Examining Supervisor, Dave Spenceley for their tremendous work, support and their cooperation.

I hope you all have a wonderful springtime and I am looking forward seeing you all in Rome

Sabine Klingenberg (Chair)

Attachment

## TRANSACTIONAL ANALYSIS 101 COURSE OUTLINE

Notes:

1. **SECTIONS (A, B,) and NUMBERED ITEMS (1,2,a,b,)** are essential and mandatory, where **BULLETED ITEMS** are optional and a guidance to the trainer
2. The outline below can be taught in any order at trainer's discretion
3. Items marked \* may be communicated to students in written form, rather than by direct teaching

### A. STATEMENT OF THE PURPOSE OF THE TRANSACTIONAL ANALYSIS 101 COURSE

### B. PROJECTED OUTCOMES

By the end of the 101 participants will be able to:

1. Describe basic theoretical concepts of transactional analysis
2. Apply basic transactional analysis concepts to problem solving
3. Classify a range of interpersonal behaviours and internal processes using basic transactional analysis concepts

### C. DEFINITION AND UNDERLYING VALUES OF TRANSACTIONAL ANALYSIS AND ITS AREAS OF APPLICATION

1. Definition of transactional analysis
2. Value base (philosophical principles)
3. Definitions of autonomy
4. Contractual method
5. Areas of application - differences in process
  - a) Counselling
  - b) Education
  - c) Organizations
  - d) Psychotherapy

### D. BRIEF OVERVIEW OF THE DEVELOPMENT OF TRANSACTIONAL ANALYSIS

1. Eric Berne
  - Who was Eric Berne
  - Development of his ideas
  - Literature list of Berne's most relevant works \*
2. Development of transactional analysis
  - Evolution of transactional analysis theory and methodology post Berne
  - Eric Berne Memorial Awards \*
  - Literature list of EBMA award winning publications \*
3. Transactional analysis organizations
  - TA-worldwide: national, regional, multi-national and international TA associations \*

### E. THEORY OF PERSONALITY - EGO STATES

1. Motivational theory - structure, stimulus and recognition hungers
2. Definition of ego states



### 3. Structural model of ego states

- Recognition and 4 types of diagnosis of ego states
- Internal dialogue

### 4. Contamination

- Exclusion

### 5. Behavioural descriptions of ego states

- Egograms
- Options

## F. THEORY OF COMMUNICATION – TRANSACTIONAL ANALYSIS PROPER

### 1. Transactions

- Definition of a transaction
- Types of transactions
- Rules of communication

### 2. Strokes

- Definition of strokes
- Types of strokes
- Stroke economy

### 3. Social time structuring

## G. THEORY OF LIFE PATTERNS – SCRIPTS

### 1. Game analysis

#### a) Definitions of games

- Reasons for playing games
- Advantages of games
- Examples of games
- Degrees of games

#### b) Ways of describing the process of games

- Drama triangle
- Formula G
- Transactional game diagram

### 2. Racket analysis

#### a) Definitions of rackets and their pay offs

- Trading stamps

#### b) Significance of internal / intra-psyche processes

#### c) Relationship of rackets to transactions, games and script

- Racket system and racket analysis

### 3. Script analysis

#### a) Life positions

- Definition of life positions, OK-ness
- Four life positions
- Relationship of life positions to games and script

#### b) Script

- Definitions of script
- Origin of script in child's experiences
- Process of Script development
  - Injunctions
  - Attributions

- Counter-injunctions
- Early decisions
- Somatic component
- Program
- Script change
- Script matrix and other script diagrams

## **H. TRANSACTIONAL ANALYSIS METHODOLOGY**

- Group and individual method

**Transactional analysis 101 course outline / Revised August 2008**